

Indira Gandhi National Open University (IGNOU)
Regional Centre, Jaipur

SC 23196, Central Sanskrit University, Jaipur Campus, Triveni Nagar, Jaipur

Offline Practical Counseling Schedule for (CPY) Programme for July 2025 Session

S.N.	Course Code	Course Name	Date	Time	Academic Counsellor Name
1	BYGL1	Shat Kriyas, Yogic Kriyas, Asanas, Pranayama, Mantra Japa	05-01-25	8.00 to 12.00 A.M	Dr. Navneet Kumar
2			06-01-25		
3			07-01-25		
4			08-01-25		
5			09-01-25		
6			12-01-25		
7			13-01-25		
8			15-01-25		
9			16-01-25		
10			19-01-25		
11			20-01-25		
12		Internal Assessment	21-01-25		